

# becoming ONE

nurturing your marriage



## *Giving Our Spouse Space*

" . . .the art of loving includes the art of giving one another space. When we invade one another's space and do not allow the other to be his or her own free person, we cause great suffering in our relationships. But when we give another space to move and share our gifts, true intimacy becomes possible."

*(Henry Nouwen)*

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*Discuss with your spouse how you practice "togetherness" and give each other "space," and how both are important for building intimacy as you move toward oneness in marriage.*

